

## Kids' Domain Early Learning Centre Menu Cycle 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Yoghurt,	Healthy Platter,	Cinnamon Scrolls,	Cheesy Cheese Scones	Healthy Platter,
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Regular Lunch	Beef and Vegetable Curry	Chicken Spiral Pasta and	Butternut and Lentil Soup	Fish Bites & Chips	Pizza
	with Rice	Vegetable Bake	Fresh Sandwiches	Broccoli	Coleslaw
Vegetarian	Tofu and Vegetable Curry	Spiral Pasta and Vegetable	Butternut and Lentil Soup	Vege Bites & Chips	Pizza
Lunch	with Rice	Bake	Fresh Sandwiches	Broccoli	Coleslaw
Baby Puree	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit
Afternoon Tea	Carrot Muffin,	Banana Bread,	Apple Slice,	Lemon Yoghurt Muffins,	Yoghurt,
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
WEEK 2					
Morning Tea	Healthy Platter,	Yoghurt,	Berry Muffin,	Healthy Platter,	Cheesy Mite Scrolls,
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Regular Lunch	Mac & Cheese	Beef and Mushroom Pie with	Thai Chicken Curry	Chicken Sausage Rolls with	Potato and Pumpkin Soup
	Broccoli	Mashed Kumara and Peas	Steamed Rice	Mash and Peas	Sandwiches
Vegetarian	Mac & Cheese	Vege and Mushroom Pie with	Thai Vege Curry	Vegetarian Sausage Rolls with	Potato and Pumpkin Soup
Lunch	Broccoli	Mashed Kumara and Peas	Steamed Rice	Mash and Peas	Sandwiches
Baby Puree	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit
Afternoon Tea	Coconut Bread,	Apple Muffin,	Rice Bubble Slice,	Yoghurt,	Anzac Biscuits,
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
WEEK 3					
Morning Tea	Healthy Platter, Fresh Fruit	Cinnamon Scrolls, Fresh Fruit	Yoghurt, Fresh Fruit	Healthy Platter, Fresh Fruit	Yoghurt, Fresh Fruit
Regular Lunch	Chicken Paella with	Vegetable and Paneer Curry	Beef Meatballs Spaghetti and	Thick Vegetable Soup	Fish Bites & Chips
	Courgette, Mushroom	Rice, Naan	Tomato Sauce, Peas	Sandwiches	Broccoli
Vegetarian	Vegetable Paella with	Vegetable and Paneer Curry	Vegetarian Meatballs Spaghetti	Thick Vegetable Soup	Vege Bites & Chips
Lunch	Courgette, Mushroom	Rice, Naan	&Tomato Sauce, Peas	Sandwiches	Broccoli
Baby Puree	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit
Afternoon Tea	Chocolate Muffin,	Yoghurt,	Cheesy Cheese Scones,	Apple Slice,	Carrot Muffin,
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
WEEK 4					
Morning Tea	Healthy Platter,	Mixed Berry Muffin,	Cheesy Mite Scrolls,	Yoghurt,	Healthy Platter,
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Regular Lunch	Pizza	Thick Vegetable Soup	Mini Beef Burgers, Baked Potato	Penne Pasta with Tomato	Chicken and Vegetable Curry
	Mixed Salad	Sandwiches	Wedges with salad	Basil Sauce Broccoli	with Rice and Naan
Vegetarian	Pizza	Thick Vegetable Soup	Mini Vegetable Burgers Baked	Penne Pasta with Pasta	Vegetable Curry with Rice
Lunch	Mixed Salad	Sandwiches	Potato Wedges with salad	Tomato and Basil Broccoli	and Naan
Baby Puree	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit	Meat, Vegetable, Fruit
Afternoon Tea	Yoghurt,	Carrot Loaf,	Afghan Biscuits,	Raspberry Choc Muffin,	Banana Bread,
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit